



# **The Dry Eye Remedy, Revised Edition: The Complete Guide to Restoring the Health and Beauty of Your Eyes**

*Robert Latkany M.D.*

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# The Dry Eye Remedy, Revised Edition: The Complete Guide to Restoring the Health and Beauty of Your Eyes

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**The Dry Eye Remedy, Revised Edition: The Complete Guide to Restoring the Health and Beauty of Your Eyes** Robert Latkany M.D.

**New 2016 edition of the best-selling, practical guide to help dry eye sufferers improve their vision, reduce wrinkles and redness, and restore overall eye health, Includes up-to-date information on medications, procedures, testing, after-care, and more.**

It can happen any time. Your eyes feel tired. You rub them. You look at yourself in the mirror and see lines, wrinkles, bags, redness that was never there before. Approximately 100 million people worldwide suffer from dry eye (also known as dysfunctional tear syndrome). Traditional solutions, such as eye drops and eyelid surgery, may actually make the problem worse.

Dry eye affects not only your eye's appearance and your vision; it is often linked to skin conditions and other eye diseases such as glaucoma. ***The Dry Eye Remedy, Revised Edition*** brings the same wealth of knowledge from the first book on practical ways to restore eye health with new updates from the field put together expertly by Dr. Robert Latkany, the founder and director of the Dry Eye Clinic at the New York Eye & Ear Infirmary.

***The Dry Eye Remedy, Revised Edition*** is the first book to give dry eye sufferers simple and practical ways to restore eye health and appearance without surgery, including:

- New resources for dry eye sufferers, including new tests for dry eyes, after-care procedures, and major changes to future therapy
- The latest in cutting-edge research, including which medications and procedures may help and which to avoid
- Easy environmental and lifestyle changes to help you look and feel better

***The Dry Eye Remedy, Revised Edition*** is the essential tool to ensure there is “not a dry eye in the house.”

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