



Medicinal Herbal Therapy: A Pharmacist's Viewpoint

Steven G. Ottariano

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Today many people are looking into herbal therapy as a natural form of illness management. But of the thousands of plants on earth, which can be used safely? What dosages are correct? What illnesses can be helped with herbs? What about interactions with prescription medicines? Here a practicing clinical pharmacist provides a comprehensive and easy-to-use reference, arranged alphabetically by ailment.

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