



Diagnosis: Breast Cancer: The Best Action Plan for Navigating Your Journey (Volume 1)

Cara Novy-Bennewitz

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Diagnosis: Breast Cancer--The Best Action Plan for Navigating Your Journey is an indispensable resource for newly-diagnosed breast cancer patients to help manage their entire journey from diagnosis to recovery. It is a planning tool to help you maintain control throughout the process and alleviate some of the stress. Important information that every patient should know about is consolidated into one, easily-referenced resource. You will know what questions to ask your medical team and be provided worksheets to help you keep track of everything. During such an emotionally difficult time, it is important to have a resource that provides accurate and easily-understood information that is not overwhelming. Diagnosis: Breast Cancer presents helpful information that is easy to access, easy to digest, and easy to use. Using this book will enable you to:

- Know what questions to ask your doctors with the help of the Questions for the Treatment Team worksheets
- Understand your pathology report and your type of breast cancer
- Keep track of all your paperwork and expenses by using the Record Keeping and Medical and Insurance Expenses worksheets
- Be aware of your treatment options and the pros and cons associated with them by using the Medical Options and Opinions worksheets
- Learn what to expect during the treatment process
- Realize how to pursue a healthy and happy recovery ... and much more.



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