



The Family Table: Where Great Food, Friends, and Family Gather Together (Capital Lifestyles)

Christy Rost

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Gathering together around the table provides us with the opportunity to celebrate the most important things in life - love, family, good health, and good friends. Christy Rost is passionate about family meals. Besides flexibility, the key to successfully preserving the family meal is an arsenal of family-friendly recipes that emphasize the beauty of simple foods, fresh, wholesome ingredients, and reasonably priced wine selections. In this first cookbook by best-selling chef for Sur La Table, Christy Rost offers 250 mouth-watering recipes, well-balanced and do-able in a reasonable amount of time, and invites readers to gather everyone around the family table on a regular basis. Recipe selections range from all-American favorites to Caribbean, Chinese, French, Italian, Japanese, and Mexican cuisine. "The Family Table" is divided into four sections: Everyday Meals, Weekends, Entertaining at Home, and Holidays. Within each section, recipes are grouped by type (salads, entrees, side dishes, etc.) Also included are wine suggestions with many of the entrée recipes. "Eric's Wine Notes," written by a wine expert, contain three wine suggestions in order of least to most expensive.

Sample Recipes: Homestyle Meatloaf, Buttermilk Cornbread Muffins, Sunday Best Mashed Potatoes, Tomato Galette, Thick and Creamy Tortilla Soup, Grilled Marinated Pork Chops, Cape Cod Rice Pilaf, Apple Cranberry Muffins, German Apple Pancake, Mango Spinach Salad with Blackberry Vinaigrette, Portabella Mushroom Turnovers, Pink Rum Desire, Berries with Champagne Sabayon, Grilled Lemon Basil Chicken, Rack of Lamb Dijon, Roasted Herbed Pork Loin, Onion Souffle



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From reader reviews:

Amelia Gallup:

The Family Table: Where Great Food, Friends, and Family Gather Together (Capital Lifestyles) can be one of your beginner books that are good idea. Most of us recommend that straight away because this reserve has good vocabulary which could increase your knowledge in terminology, easy to understand, bit entertaining but nevertheless delivering the information. The writer giving his/her effort to get every word into joy arrangement in writing The Family Table: Where Great Food, Friends, and Family Gather Together (Capital Lifestyles) but doesn't forget the main level, giving the reader the hottest and also based confirm resource facts that maybe you can be one among it. This great information could draw you into brand-new stage of crucial considering.

Eva Burton:

The book untitled The Family Table: Where Great Food, Friends, and Family Gather Together (Capital Lifestyles) contain a lot of information on the idea. The writer explains the woman idea with easy technique. The language is very simple to implement all the people, so do not necessarily worry, you can easy to read the idea. The book was authored by famous author. The author provides you in the new period of literary works. It is easy to read this book because you can please read on your smart phone, or device, so you can read the book throughout anywhere and anytime. In a situation you wish to purchase the e-book, you can open up their official web-site along with order it. Have a nice go through.

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