



## **Drawing on Difference: Art Therapy with People who have Learning Difficulties**

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# **Drawing on Difference: Art Therapy with People who have Learning Difficulties**

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This book reveals how art therapy can support and validate the emotional and mental health needs of people with learning difficulties. Case studies present work with adults and children with differing degrees of difficulty such as personality disorder, autism or severe learning difficulties and discuss the needs of people with learning difficulties who have experienced traumas such as rape or bereavement. Particular emphasis is placed on service evaluation and standards and on the client's personal experience.

Contributors discuss practical, professional and political issues such as:-

- \* the practical challenges of providing an art therapy service within and beyond the hospital setting
- \* the similarities and differences between art therapy and other allied professions such as music and dramatherapy
- \* clinical effectiveness and clinical supervision

*Drawing on Difference* brings together for the first time discussion from leading professionals in this increasingly popular area of specialisation within psychotherapy.



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#### **Sylvia Silva:**

People live in this new moment of lifestyle always try to and must have the time or they will get wide range of stress from both day to day life and work. So, if we ask do people have time, we will say absolutely yes. People is human not really a robot. Then we question again, what kind of activity have you got when the spare time coming to you actually of course your answer will probably unlimited right. Then do you try this one, reading books. It can be your alternative throughout spending your spare time, typically the book you have read is actually Drawing on Difference: Art Therapy with People who have Learning Difficulties.

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