



# **A Life on the Toilet: Memoirs of a Bowel Cancer Survivor (true cancer stories & support books)**

*Kat Ward*

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Kat Ward is a survivor - and this book is her testimony.

Having overcome an abusive childhood - in which she was abused by family members, care staff and even celebrities - you would have thought that karma might have dealt her some kinder hands when it came to her adult life. Well, it didn't.

After spending the majority of it simply trying to recover from her childhood, she was eventually forced to confront that monster which apparently awaits 1 in 3 of us at some point in our lives: cancer.

After receiving a diagnosis of aggressive bowel cancer at 53, Kat's life was once again set on a trajectory for the worse. Suddenly, she found herself at the foot of a mountain - one that would require a great deal of support and determination merely to scale; let alone descend.

These are her memoirs of that very personal journey; from the initial diagnosis, through to the life-changing operations - and beyond. It's not a story for the feint-hearted; nor is it a medical journal. What it is, is an honest, no-holds-barred glimpse into the life of a cancer sufferer, and a book of support for all those in similar situations. It is a light at every stage of the tunnel...



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