



# **Hungry: What Eighty Ravenous Guys Taught Me about Life, Love and the Power of Good Food**

*Darlene Barnes*

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"The book is as much about nourishment as it is food. Barnes' affection for the fraternity brothers carries the narrative. . . . A heartening memoir of good food and tough love."

--*Kirkus Reviews*

Newly arrived in Seattle, Darlene Barnes stumbles on a job ad for a cook at the Alpha Sigma Phi Fraternity on the University of Washington campus, a prospect most serious food professionals would automatically reject. But Barnes envisions something other than kegs and corn dogs; she sees an opportunity to bring fresh, real food to an audience accustomed to "Asian Surprise" and other unidentifiable casseroles dropped off by a catering service. And she also sees a chance to reinvent herself, by turning a maligned job into meaningful work of her own creation: "I was the new girl and didn't know or care about the rules."

Naively expecting a universally appreciative audience, Barnes finds a more exasperatingly challenging environment: The kitchen is nasty, the basement is scary, and the customers are not always cooperative. Undaunted, she gives as good as she gets with these foul-mouthed and irreverent--but also funny and sensitive--guys. Her passion for real food and her sharp tongue make her kitchen a magnet for the brothers, new recruits, and sorority girls tired of frozen dinners.

Laugh-out-loud funny and poignant, *Hungry* offers a female perspective on the real lives of young men, tells a tale of a woman's determined struggle to find purpose, and explores the many ways that food feeds us.

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