



Second Childhood

Manish Patel

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Once we grow up and leave home, many of us become engrossed in our own lives. We sometimes forget about the people who dedicated their lives to us. How crazy is that? In particular, people are losing connections to their parents. While it is normal to become busy with life, we must remember to work hard to maintain strong ties to family, friends, and loved ones. Manish Patel, physical therapist, lecturer, and author, tackles the subject of aging and caring for our parents. Wouldn't it be great if we could love and care for them as they age with grace, knowing we are there for them as they were for us? Join Manish as he explores what it means to strive to be a good person and learn how to show love for another person. Parents help us blossom during our youth; let's help them blossom into their elder years. It is never too late to improve a relationship. It is never too late to love. Second Childhood will inspire you to build stronger bonds with those who are near you. Our parents were there when we took our first steps. Shouldn't we be there when they take their last ones?

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Patrick Spradlin:

Spent a free time and energy to be fun activity to do! A lot of people spent their free time with their family, or their friends. Usually they carrying out activity like watching television, about to beach, or picnic in the park. They actually doing same task every week. Do you feel it? Do you wish to something different to fill your own free time/ holiday? Could be reading a book may be option to fill your totally free time/ holiday. The first thing you ask may be what kinds of e-book that you should read. If you want to consider look for book, may be the book untitled Second Childhood can be very good book to read. May be it can be best activity to you.

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