



Apple Cider Vinegar: The Miraculous Natural Remedy!: Holistic Solutions & Proven Healing Recipes for Health, Beauty and Home (DIY, Health, Beauty, Holistic, Spa, Natural Remedies)

(Volume 2)

Elena Garcia

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Apple Cider Vinegar- The Miraculous Natural Remedy!

Why spend time and money on overpriced and complicated health & beauty treatments if you can achieve it all with just one holistic ingredient?

Plus...with **Apple Cider Vinegar** you can also take care of your home and (if desired) lose weight!

You see, **Apple Cider Vinegar** makes things easy and it can help you revolutionize all areas of your health!

If you feel overwhelmed when it comes to complicated Apple Cider Vinegar theory and wish to have just one simple book that distills all you need to know to transform your body and lifestyle to get the wellness results you deserve you have come to the right place!

This book is a super practical guide written in plain English and it will show you exactly how you can take care of *your body and home* in a natural holistic way.

Here's a Short Preview of What You Will Discover with “Apple Cider Vinegar-The Miraculous Remedy”:

Part I APPLE CIDER VINEGAR FOR HEALTH

Tummy Trouble and Digestive Concerns

Help Ease and Cure Hiccups

Sooth a Sore Throat

Lower Blood Cholesterol

Prevent Indigestion

Clear a Stuffy Nose

Aid in Weight Loss

Help in the Treatment and Prevention of Dandruff

Help Clear Acne

Boost Energy

Help with the Reduction of Nighttime Leg Cramps

Help Cure Bad Breath

Help Whiten Teeth

Help Fade Bruises

Help Control Blood Sugar Levels

Help Clear up Yeast Infections

Treat Foot and Skin Fungal Infections

PART II

SIDE-EFFECTS & PRECAUTIONS TO STAY SAFE

PART III

APPLE CIDER VINEGAR USES IN THE HOME

Clean and Sanitize Electronic Equipment

Remove Sticky Residue from Household Scissors

Remove Candle Wax

Remove Ink Stains

Clean and Unclog Household Drains

Remove Mildew from the Bathroom

Remove Mildew from your Shower Curtain

Clean Out Your Washing Machine

Freshen Up Clothes that Have Been in Storage

Help Sanitize Clothes and Very Dirty Garments

Help Remove wrinkles from Clothes

Remove Stains from Porcelain Sinks and Bath Tubs

Remove Greasy Residue from your Stove Top and Kitchen Counters

Remove Water Stains from Wooden Furniture

Clean and Freshen Carpets

Clean Stainless Steel Sinks and Cookware

Polish Silver

Help Prevent Spots on Your Wineglasses

Remove Stubborn Coffee and Tea Stains from Coffee Mugs and Tea Cups

Cleaning and Disinfecting Cutting and Chopping Boards

Clean and Deodorize your Refrigerator

PART IV APPLE CIDER VINEGAR FOR BEAUTY AND COSMETIC USES

Apple Cider Vinegar for Shiny Hair

Apple Cider Vinegar as a Facial Mask

Apple Cider Vinegar for a Detoxifying and Moisturizing Bath Soak

Chapter Five Apple Cider Vinegar Recipes

PART V- YUMMY HEALING SMOOTHIES WITH APPLE CIDER VINEGAR (GREAT FOR WEIGHT LOSS!)

What Are You Waiting For?

Discover simple, effective and inexpensive ways of taking care of your wellness and home with [apple cider vinegar!](#)

Download your copy of **"Apple Cider Vinegar For Weight Loss"** by scrolling up and clicking "**Buy Now With 1-Click**" button.



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From reader reviews:

Linda Amos:

Your reading 6th sense will not betray a person, why because this Apple Cider Vinegar: The Miraculous Natural Remedy!: Holistic Solutions & Proven Healing Recipes for Health, Beauty and Home (DIY, Health, Beauty, Holistic, Spa, Natural Remedies) (Volume 2) e-book written by well-known writer who knows well how to make book which might be understand by anyone who else read the book. Written inside good manner for you, dripping every ideas and writing skill only for eliminate your personal hunger then you still question Apple Cider Vinegar: The Miraculous Natural Remedy!: Holistic Solutions & Proven Healing Recipes for Health, Beauty and Home (DIY, Health, Beauty, Holistic, Spa, Natural Remedies) (Volume 2) as good book not simply by the cover but also from the content. This is one book that can break don't determine book by its cover, so do you still needing one more sixth sense to pick that!? Oh come on your reading through sixth sense already told you so why you have to listening to yet another sixth sense.

Kevin House:

In this age globalization it is important to someone to find information. The information will make you to definitely understand the condition of the world. The healthiness of the world makes the information better to share. You can find a lot of referrals to get information example: internet, paper, book, and soon. You can see that now, a lot of publisher in which print many kinds of book. The actual book that recommended for your requirements is Apple Cider Vinegar: The Miraculous Natural Remedy!: Holistic Solutions & Proven Healing Recipes for Health, Beauty and Home (DIY, Health, Beauty, Holistic, Spa, Natural Remedies) (Volume 2) this publication consist a lot of the information with the condition of this world now. This kind of book was represented how does the world has grown up. The language styles that writer require to explain it is easy to understand. The particular writer made some exploration when he makes this book. That is why this book ideal all of you.

Ila Petty:

That reserve can make you to feel relax. This particular book Apple Cider Vinegar: The Miraculous Natural Remedy!: Holistic Solutions & Proven Healing Recipes for Health, Beauty and Home (DIY, Health, Beauty, Holistic, Spa, Natural Remedies) (Volume 2) was colourful and of course has pictures on there. As we know that book Apple Cider Vinegar: The Miraculous Natural Remedy!: Holistic Solutions & Proven Healing Recipes for Health, Beauty and Home (DIY, Health, Beauty, Holistic, Spa, Natural Remedies) (Volume 2) has many kinds or style. Start from kids until teenagers. For example Naruto or Investigation company Conan you can read and think that you are the character on there. So , not at all of book are usually make you bored, any it can make you feel happy, fun and relax. Try to choose the best book in your case and try to like reading this.

Elizabeth Smith:

A lot of publication has printed but it differs. You can get it by world wide web on social media. You can choose the most beneficial book for you, science, witty, novel, or whatever by means of searching from it. It is named of book Apple Cider Vinegar: The Miraculous Natural Remedy!: Holistic Solutions & Proven Healing Recipes for Health, Beauty and Home (DIY, Health, Beauty, Holistic, Spa, Natural Remedies) (Volume 2). You can contribute your knowledge by it. Without leaving behind the printed book, it could add your knowledge and make you happier to read. It is most crucial that, you must aware about book. It can bring you from one destination for a other place.

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