



1000 Reasons to be Happy

David Baird

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We sometimes forget about all the reasons we have to be happy. When we get entrenched in our workday routine, it is easy to dwell on minor complaints and grumbles. This enduring book delivers 1000 reminders of what happiness is all about, from the silly to the sublime. Each entry is a delightful dose of cheer that's sure to bring sunshine into even the greyest day.

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