



The Prepper's Guide to Self Defense in the Real World: Defend Yourself & Your Family When SHTF and Thugs Roam the Streets

Chris Stone

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Are you ready to defend yourself and your family after society collapses and dangerous thugs roam the streets looking for their next victim?

Read this practical self defense guide and discover...

- * Simple tricks and tips you can quickly learn in order to be better prepared should a crazed hoodlum try to attack you.
- * Self defense manoeuvres that can be learnt quickly and if used appropriately can prove extremely effective in disabling an aggressor.
- * The weak spot on the side of the head that if you hit it will cause intense pain immediately and give you enough time to make a hasty getaway.
- * How to utilize your surroundings to cause pain and disable an attacker.
- * The strange way to knock an attacker off his tracks without even laying a hand on him.

...and many more powerful self defense tricks that anyone can use!

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