



# **Tea Cleanse: Challenge - 7 Day Tea Cleanse Reset To Reset Your Metabolism, Lose Weight, And Live Healthier (Weight Loss, Detox)**

*savannah samaria*

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## **You're About To Discover A Secret To Losing Weight And Healthy Living- Plus FREE Bonus Videos And Books!**

### **Without Spending Countless Hours In A gym!**

For a limited time get this best selling book for just \$0.99! Regularly priced at \$2.99. Read on your PC, Mac, smart phone, tablet or Kindle device.

Are You Struggling To Lose Weight?

About 50% of Americans also have this problem, and it's leading to obesity, low self esteem, lack of confidence and health risks.

I always hear people say, "I can't lose this extra 10 lbs" or, "I want my body to look better", yet they're doing nothing to achieve this.

By purchasing this book, you will be well on your way to achieving your health goals and live an awesome life.

How would you like to completely transform your life? Your body? Your health? If any of these apply to you then this book is for you. Whether you're looking to get lean, or just looking to become a healthier person, a tea cleanse will help you achieve your goal. Not only will this book help you lose fat, but it will also make you feel great.

The Tea Cleanse Challenge will help you feel 20 again.

How do you start the Tea Cleanse Challenge? This is the question that most people have. The greatest challenge most people face is not usually having the motivation to start but rather how to get easy and delicious recipes. This is no longer an issue because we have everything you need right here!

### **In This Book You Will Learn...**

- How To Lose Weight

- How To Increase Your Metabolism
- How To Become Healthy
- Lose Weight Without The Gym
- Lose Weight Without Harsh Diet
- Health Benefits Of Tea
- Popular Tea Detox Ingredients
- Popular Tea Ingredients For Healthy Living
- How To Cleanse Your Body With Tea
- How To Lose 10 Pounds
- How To Look And Feel Healthier
- Reset Metabolism To Maintain Your Weight Loss
- How Tea Will Help You Sleep Better
- Reduce Your Risk Of Heart Disease
- Reduce Stress

The concepts in this book must be taken into action and you must stick with what we talk about if you are looking for results. Many people have already taken action and they have experience huge changes in their health. Now is YOUR time, and I have complete confidence in you to get out there and transform your life.

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#### **Brenda Blackmer:**

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