



## Lessons from the Golf Guru: Wit, Wisdom, Mind Tricks, & Mysticism for Golf and Life

*Mr Mike E Dowd*

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What do Mark Twain, Yoda, Quantum Physics, Neuroplasticity, ghosts, taking selfies, \$300 Italian leather shoes, and a good shot of Irish Whiskey all have to do with playing better golf? In truth, maybe nothing at all, but on just the off chance that they do you will find out how in LESSONS FROM THE GOLF GURU - Wit, Wisdom, Mind Tricks, & Mysticism for Golf and Life; a book that is part self-help, part memoir, and part narrative on what is wrong with today's game and what we all can do to fix it. It is a treatise on faith, hope, love, and optimism as well as fear, doubt, anger, and suffering of Biblical proportions, like that of Job or Chicago Cubs Fans. Mostly, however, it is a book about perspective, and quite possibly the only golf book you need to read even if you're not a golfer. Since its invention by the Scots over 500 years ago, golf has come to be known as the Game of a Lifetime, but to its 60 million ardent adherents around the globe it also often serves as a metaphor for life itself. This isn't the first book to draw the parallels, nor does it stand alone in offering solutions for the battle that takes place in the six-inch space between your ears. It may be the first, however, that does both in a way that both educates and entertains; making you laugh, cry, reflect, and ultimately walk away with not only a better golf game, but a greater appreciation for the game, your relationship with it, and what it can teach us all about ourselves and life. Sounds like a tall order for a collection of musings about an ancient game in which you hit and chase a little white ball, but ultimately, this isn't just a collection of lessons for the game of golf. It's a collection of lessons for a game far older. They are lessons for the game of life.



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