



A Teacher's Guide to Adapted Physical Education: Including Students With Disabilities in Sports and Recreation, Fourth Edition

Martin E. Block Ph.D.

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A healthy, active lifestyle for all students: That's the promise of physical education, and the goal of this comprehensive textbook. Now in a thoroughly updated fourth edition, this text prepares current and future PE teachers to lead welcoming, inclusive classes where every student participates, makes friends, and learns new skills and values. K-12 physical educators will get **cutting-edge research and guidance** on inclusive education, **concrete strategies** for planning and implementing an adapted PE program, and valuable **disability-specific information**. An essential resource for preparing both general PE teachers and adapted PE teachers, this text will provide a solid foundation for physical education classes that meet every student's needs.

WHAT'S NEW:

- **9 new chapters on teaching students with specific disabilities.** These significant new additions make this book an ideal primary text for Adapted Physical Education (APE) courses
- **Aligns with key elements from the NASPE standards** for general physical education and the Adapted Physical Education National Standards for APE
- **More student-friendly features:** updated tips and reproducible forms for planning and teaching, chapter objectives, additional resources, and more case studies
- **More photos and illustrations** throughout the book to emphasize key points

SELECTED TOPICS COVERED: Program planning and assessment * instructional modifications * curricular modifications * game modifications * autism * intellectual disabilities * learning disabilities * ADHD * behavior disorders * hearing loss * visual impairments * physical disabilities * social acceptance * safety issues * positive behavior support * community-based recreation * diversity issues

FOR INSTRUCTORS: Includes PowerPoint slides and sample syllabi for using the text in Inclusion in PE or APE classes. Click here to access instructor materials.

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Karl Henderson:

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Ronald Ruggles:

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