



Sophie Kooks Month by Month: August: Quick and Easy Feelgood Seasonal Food for August from Kooky Dough's Sophie Morris

Sophie Morris

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‘There’s not much time left to get the barbecue out, so if it hasn’t made an appearance by August, I make sure to bring it out then, even if it’s not that warm. And let’s face it, we can’t be too picky in Ireland when it comes to weather! Barbecues are a great excuse to get some friends around at the weekend, and to pick at lots of delicious marinated meats and summer salads all day long while chatting well into the night...’

Sophie! Taken from the fantastic cookbook by Sophie Kooks, discover tips on using all the produce that is at its best in August and enjoy gorgeous August recipes, including: Crunchy BLT Salad, Italian Tomato and Bread Salad, Lemony Plum Cake, Baked Lamb with Tomatoes and Aubergine, Sticky, Tangy Chicken Wings, Almond Baked Peaches with White Chocolate Sauce, Blueberry Crumble Cakes



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