



Mennonite Food and Folkways from South Russia, Vol. 1

Norma Jost Voth

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An abundant food tradition developed when Mennonites from eastern Europe settled in the Ukraine. These people, who had migrated extensively because of religious persecution and economic pressures, blended their flavorful cooking with their new neighbors' food. Here are 400 recipes with easy-to-follow instructions and stories that surround these foods' making and eating.



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