



## Saying Goodbye to Our Mothers for the Last Time

*Carol Thayer Cox, William A. Harrison III*

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Mother loss, no matter when it happens, is a pivotal event in a person's life. How profound it is to lose the first person you have known in life, the person who has known you the longest and who holds memories of you from your very beginning. Whether her parenting was nurturing, mediocre, or damaging, you still experienced her as your mother. Biological or adoptive, regardless of what transpires, there is a bond between mother and child.

Saying Goodbye to Our Mothers for the Last Time include 35 authors/contributors, both women and men, who write about the death of their mothers. The volume is rich in variety, from different locations to assorted cultures and ethnicities, from ways of dying to types of funerals, from methods of dealing with loss to strategies for self-care. Some of these stories are elegant in their simplicity, others intricate in their complexity. Some incite laughter and others elicit tears. Saying Goodbye tells people's stories, and like fairy tales and myths, these stories offer readers an opportunity to relate to the characters and vicariously experience their trials and sorrows as well as their joys and celebrations. Stories help us tap into these archetypes of life and death that are part of us all.

We asked our authors to write about something very intimate—the death of their mothers and thus the end of their lives with their mothers. Our purpose in creating this book is to take a lens to the transition from life to death, to focus in on that event and how people said good-bye, whether they were at their mother's side or not. These are stories that need to be told—stories that will guide, warn, encourage, and inspire others when they must cross that threshold and say good-bye to their own mothers for the last time. It will also be a gift to those who have already lost their mothers, as these stories may provide solace and perspective.

Baby boomers are going through this experience every day, but just knowing that other people are losing their mothers does not help them get through it themselves. In our western culture, dying is rarely talked about, and there is little to prepare us for that moment. When people die, we talk about who they were and what we want to remember about them. But we don't often share with one another what really happens when the death occurs. And those are the memories

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**Michelle Pacheco:**

People live in this new morning of lifestyle always try and and must have the extra time or they will get wide range of stress from both way of life and work. So , if we ask do people have spare time, we will say absolutely yes. People is human not a robot. Then we consult again, what kind of activity have you got when the spare time coming to you of course your answer will certainly unlimited right. Then do you ever try this one, reading ebooks. It can be your alternative inside spending your spare time, the book you have read is definitely Saying Goodbye to Our Mothers for the Last Time.

**Karen Saldivar:**

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