



Realizing the Power of Now: An In-Depth Retreat with Eckhart Tolle

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Perhaps you can recall a time when you felt more alive than at any other moment — when you had a sudden recognition of beauty, a feeling of deep contentment, and a sense of connection with life greater than you had ever thought possible. And then, this fleeting moment was gone.

What if you could recapture that remarkable opening, and make it a consistent way of living in the world? Throughout Europe and North America, a man named Eckhart Tolle has emerged as a teacher with the unique ability to draw us into the awakened state he calls "presence." With *Realizing the Power of Now: An In-Depth Retreat with Eckhart Tolle*, you have an unparalleled opportunity to immerse yourself in the timeless dimension — a place within us that always is and ever will be beyond the turmoil of life, a world of calm beyond words, of joy that has no opposite.

A walk in nature. A personal crisis. A moment of laughter. These can all serve as portals that take us to the depth and wonder of the Now. But how do we access these portals so that we dwell in presence more and more often? With Tolle's guidance, you will discover many simple ways to leave behind the chaos and suffering of the mind-made world, and enter this state of serenity and grace. Tolle will show you how to go beyond the endless stream of thoughts, and simply allow whatever is happening to occur...use sense perceptions and your "inner body" to find a peace that exists independent of conditions...see past "the little me and my story" and find your home in the "living Now."

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