



Before It's Too Late: A Parents Guide on Teens, Sex, and Sanity

Sheila Overton, Treacy Colbert

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Before It's Too Late brings home what I have learned in over 25 years "in the trenches" with teens and their parents, both in my OB/GYN practice and through teen pregnancy and STD prevention seminars, talks, articles and interviews. Readers finish the book with less anxiety about the task of educating their teens, a renewed sense of urgency, and concrete, can-do knowledge to guide them in making healthy, wise, and respectful decisions about sexual behavior. Expert perspective and keen understanding of the issues give *Before It's Too Late* the weight of medical authority. A lively style and compassionate outlook make this book not only an essential read for parents of teens, but a pleasurable one.

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