



Pride and Joy: African-American Baby Celebrations

Janice Robinson

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"HONOR A CHILD AND IT WILL HONOR YOU." -- "zimbabwean proverb" In many parts of Africa, it is believed that the name parents give an infant can determine the child's success in life. Now, after observing infant rites of passage firsthand in Africa, author Janice Robinson shares this glorious, life-altering experience with fellow parents. The birth of a child is a wonderful opportunity to celebrate African heritage, to strengthen the bond to those who came before as well as to those who will follow. In "Pride And Joy," you'll learn how to incorporate African traditions into the life of your baby -- or the child of a friend or relative -- with an emphasis on baby showers and naming ceremonies. Topics covered include: Hosting a Kwanzaa-themed shower Couples showers/daddy showers/cyber showers Libation rituals and prayers Community journals Sister circles Community quilts Prayers and blessings What foods to serve, including recipes Invitations Decorations and favors Activities Gift ideas Birth rituals Selecting an Afrocentric name Naming ceremony rituals, including ceremonial objects, orations, and music

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