



# How the Mind Works

*Christian D Larson*

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## **How the Mind Works** Christian D Larson

ABOUT THIS BOOK Man is as he thinks; therefore he can change himself, his life, and even his circumstances, by changing his thought. But before he can change his thought he must understand those laws and processes through which thought is produced; that is, he must know how the mind works. This book analyzes the most important of the mental and metaphysical laws known to date are considered from every possible viewpoint, the principal object being to ascertain their real nature as well as their power and use. In addition, a number of psychological ideas are presented that will throw light both on the inner and the outer workings of the mind. No effort, however, has been made to delve into the mysteries of the mind; this will be done in another work, the object here being to present the practical side of mental action, and present it in such a way that anyone may learn to use the powers of the mind properly. And at the present stage of psychological study, this is the most important. We want to know how the mind does work so that we may, in all mental work, use the mind in the best, the fullest and the most effective manner.

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