



# Strivings Within - The OCD Christian: Overcoming Doubt in the Storm of Anxiety

*Mitzi VanCleve*

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## **Strivings Within - The OCD Christian: Overcoming Doubt in the Storm of Anxiety** Mitzi VanCleve

Strivings Within takes the reader through the personal journey of the author as she shares her transparent account of her struggle with Anxiety Disorders. This book will resonate with those who suffer from OCD in such a way that they will feel as though Mitzi has written some of their own story. Strivings Within takes the reader from a pain-filled and confusing experience to enlightenment hope and purpose. It is very difficult for the Christian to reconcile the experience of intense anxiety to the life of faith. That can't happen until the sufferer realizes that they have a valid but very manageable disorder. Strivings Within is a must read for the Christian who is afflicted with OCD, as well as for those who love them.



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