



# The Road from Home

*Christina Brady*

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## **The Road from Home** Christina Brady

I went out to the garage, and there I found him with the motor still running, fumes galore, and his dead body at the wheel. I immediately opened the garage door and looked into his face. My response was, He's at peace. He's whole. There is no more war going on in his mind. He looked so peaceful. It just stood to remind me of how much restraint he must have used as he was here on this earth. Christina Brady and her family understand the stressful and oftentimes heartbreaking effects of having a family member who suffers from bipolar disorder. Christina was married for almost thirty years before the unexpected death of her husband, who was diagnosed with bipolar disorder in the last seven years of their marriage. Without a cure, their lives were filled with the struggle to keep their family afloat. You can feel the heartbeat of God's love in reading The Road from Home. Christina invites you to walk along with her on her heart-wrenching road through life as she battles her husband's daily mood swings and instability that affected their finances, friends, and family relationships. She ends her pilgrimage with encouragement to those who walk these difficult and lonely roads of their own.

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